

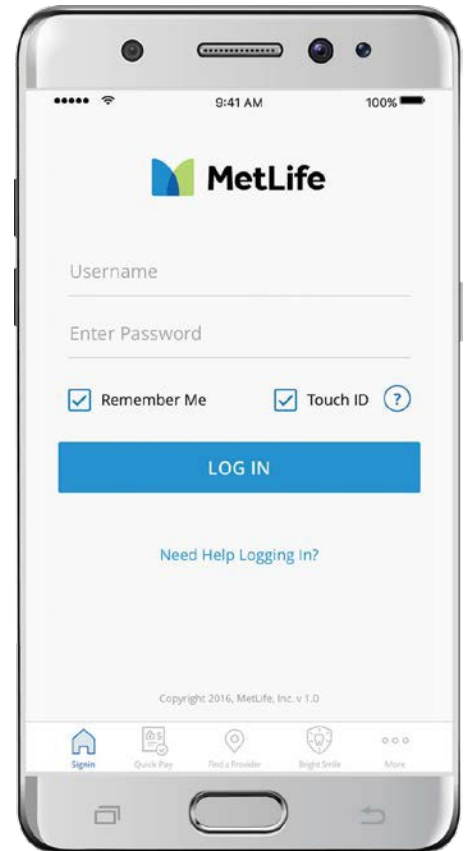
# Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access<sup>1</sup> and manage your benefits information — anytime, anywhere.

## Disability Insurance

- View and update claim information
- Set up direct deposit for benefit payments

Plus, view your current coverage for Life Insurance, Accident Insurance, and Critical Illness Insurance.



## It is easy to get the MetLife US Mobile app

Search “MetLife” on the iTunes App Store or Google Play and download the MetLife US Mobile App, or scan these QR codes.



1. Before using the MetLife mobile app, you must register at [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits) from a computer. Registration cannot be done on your mobile device.

Like most insurance policies, insurance policies offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

